



Resources for Michigan Residents Experiencing Hardship Amid the COVID-19 Pandemic

NORTHERN MICHIGAN RESOURCES

Community Action Agencies Coronavirus Resources and Information

Northeast Michigan Community Service Agency [Website](#)

NEMCSA serves the following eleven counties: Alpena, Alcona, Arenac, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle

Northwest Michigan Community Action Agency [Website](#)

NMCAA serves the following ten counties: Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Missaukee, Roscommon and Wexford

Local Health Departments

Grand Traverse Health Department www.gtchd.org 231-995-6100

Benzie-Leelanau District Health Department www.bldhd.org/ 231-882-4409

District Health Department #10 www.dhd10.org 231-775-9942

Serving Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties

Health Department of Northwest Michigan www.nwhealth.org/ 231-547-6523

Serving Antrim, Charlevoix, Emmet, and Otsego counties

To find local Health Departments not listed here, use the [interactive map](#) on the Michigan Department of Health and Human Services website

School Lunch Distribution

Schools in the five-county Traverse Bay Area Intermediate School District region have released food service schedules and distribution plans. Hours of operation and distribution plans vary by school. Click [this link](#) for the complete list of School Food Service Distribution Schedules.

STATEWIDE RESOURCES

STATE OF MICHIGAN COVID-19 RESOURCES AND ASSISTANCE [WEBPAGE](#)

The state of Michigan has provided information, resources, answers to frequently asked questions and the latest news

HOUSING & MORTGAGE RELIEF

Michigan Gov. Gretchen Whitmer has [temporarily suspended evictions](#) in Michigan

See all Executive Orders regarding COVID-19 [here](#)

Freddie Mac

Offering mortgage relief options for those who are unable to make their mortgage payments due to a decline in income, including forbearance for up to 12 months, waiving penalties and fees, halting foreclosure sales/evictions of borrowers in

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Freddie Mac-owned homes until May 17, and more. myhome.freddie.mac.com/own/getting-help-disaster.html

Fannie Mae

Homeowners who are adversely impacted by this national emergency may request mortgage assistance by contacting their mortgage servicer. Foreclosure sales and evictions of borrowers are suspended for 60 days. Homeowners impacted by this national emergency are eligible for a forbearance plan to reduce or suspend their mortgage payments for up to 12 months. <https://www.fanniemae.com/portal/media/corporate-news/2020/covid-homeowner-assistance-options-7000.html>

Shelters and Emergency Housing

The [Homeless Shelters Directory](#) is a directory of shelters and other homeless services for people with urgent housing needs.

MENTAL HEALTH RESOURCES

National Suicide Prevention Lifeline

Call: 1-800-273-TALK

Text: TALK to 741741

Chat: <https://suicidepreventionlifeline.org/chat>

A national network of local crisis centers that provides free and confidential emotional support 24 hours a day, 7 days a week, to people in suicidal crisis or emotional distress

Disaster Distress Helpline

Call: 1-800-985-5990

Text: TalkWithUs to 66746

This 24/7/365 service from the Substance Abuse and Mental Health Services Administration provides crisis counseling for people going through both natural and human-caused disasters. It's free, multi-lingual and confidential.

Michigan Department of Health and Human Services Warmline

Call: 888-PEER-753 (888-733-7753)

Connect with certified peer support specialists who have lived experiences of behavioral health issues, trauma or personal crises, and are trained to support and empower the callers. The warmline will operate seven days a week from 10 a.m. to 2 a.m.

FOOD ASSISTANCE

Feeding America

Nationwide network of 200 food banks and 60,000 food pantries. They help food banks across the country support the most vulnerable communities affected by the pandemic.

[You can donate here](#) or [find your local food bank here](#).

MI Bridges Temporary Food Assistance (Bridge Card)

Available from the U.S. Department of Agriculture for eligible low-income families and individuals. Use [MI Bridges website](#) to apply for assistance, check your eligibility status and manage your account online.

FoodPantries.org

[Online directory](#) of local pantries, soup kitchens, food shelves, food banks and other food help; you can search by state for nearby aid.

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Meal Delivery or Regular Check-Ins for Seniors

Facilitated through the State of Michigan, utilizing a network of Area Agencies on Aging. If you are 60+ you may qualify for home delivered meals; also have the option to receive a regular call from a volunteer who can make sure you are doing ok and spend some time catching up. Fill out [this form](#) to get started.

Meals on Wheels

Delivery of nutritious meals to vulnerable seniors. You can contact your [local provider](#) or [donate to the national group here](#).

Financial & Small Business Assistance

Michigan Resident's Financial Assistance

[Need Help Paying Bills](#) has a list of emergency as well as long-term financial assistance programs. Based on various conditions, households can receive rental assistance, food, free medical care, daycare vouchers, medical care and energy bill assistance among other resources.

Michigan Treasury Collections Service Center

517-636-5265 or www.michigan.gov/taxes

Assistance may be available for those who have been laid off due to COVID-19 regarding past due state taxes or other state debts

Michigan Unemployment Information

Unemployment Insurance [Fact Sheet](#)

MI Dept of Labor Unemployment Benefits [Website](#) or call 1-866-500-0017

Bridge article: [How to apply for unemployment benefits in Michigan amid coronavirus crisis](#)

SBA Loan Programs & Business Resources

Michigan's Small Business Development Center's (SBDC) [website](#) offers guidance and resources for small-business owners

PHONE & INTERNET SERVICES

AT&T

Offering free internet access to new customers for two months

Low-income households can continue to subscribe for \$10/month

AT&T will not terminate service of any customer due to an inability to pay and all late payment fees will be waived

Click [here](#) to learn more

Comcast

Offering free internet access to low-income families

Internet and cable will not be suspended

Click [here](#) for guidelines.

Charter/Spectrum Communications

Offering free internet to households with K-12 schools and/or college students, if they are not Spectrum subscribers already

Continue to offer Spectrum Internet Assist, high speed broadband program to eligible low-income households

Click [here](#) for more information

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OTHER STATEWIDE RESOURCES

2-1-1

Call 2-1-1 from any phone to be connected to a list of statewide resources for everything from food and diapers to rental assistance and bus fare. You can also search their [online database](#).

Alzheimer's Association of Michigan

<https://www.alz.org/help-support> 24/7 Helpline – 1-800-272-3900

Find online support and resources, social interaction, education and local groups for caregivers and those living with Alzheimer's disease and dementia.

Help Finding Child Care for Essential Workers

If you are in need of care for a child, ages birth through 12 years only, and are part of the Essential Workforce, as defined by Governor Whitmer's Executive order, [this service](#) through Help Me Grow Michigan provides a connection to child care providers who have openings

Help or get help from your neighbors during COVID-19

More than a dozen informal, grassroots networks are operating statewide. Sometimes known as mutual aid groups, they work alongside government agencies and charities and can assist with grocery deliveries, financial assistance, child care and more. [Check out the map](#) from Michigan Radio to find a local group to join.

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